

### Recommendations. PLEASE:

- Respect protected zones (cf. 'Legislation' box opposite)
- Stay on marked paths
- Take photos rather than pick (or walk over) the plants.
- Leave no trace: take your rubbish home.
- Close gates and barriers behind you.
- Always observe wildlife from a distance.
- Remember that enjoying the unspoiled nature of the Park is a privilege, not a gift.
- Use public transport where possible.

### Further information

Leaflets on other outdoor activities in the Park are available at: [www.gruyerepaysdenhaut.ch](http://www.gruyerepaysdenhaut.ch)

### Any questions, please contact

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## Responsible visitor behavior



### Hiking (off-snow)

Certain areas of the Gruyère Pays-d'Enhaut Regional Nature Park are more vulnerable than others. Special rules therefore apply, particularly to hikers. Please comply with the relevant rules and regulations and adapt your behaviour accordingly.

Thanks for respecting the mountain landscape and helping to preserve this beautiful corner of the natural world.

### Legislation

In some nature reserves, it is against the law to leave the marked hiking trails. Protected zones and the relevant legal restrictions are shown on the map overleaf.

NB: You will find all officially designated routes on the swisstopo hiking maps (1:50 000) and at [SwitzerlandMobility](http://www.swissmobility.ch).

For rules on visiting the Park with dogs or in the event of snow cover, please refer to the relevant information sheets.





## Restricted areas: hiking

